



## Chartwells at Wingrove

The menu will run on a three-week rota. Each term will start with week 1 and continue through the whole term.

All children in Reception, Year 1 and Year 2 receive a free school meal each day.

Children in Years 3, 4, 5 and 6 may stay for a school meal or bring in a packed lunch. However, whatever they choose to do on Monday they must do all week (unless they have a trip out of school).

The cost of each meal is £2.00. Dinner money is payable in advance. Please pay £10.00 every Monday morning.

Dinner money envelopes are available in the foyer. Clearly write your child's name, their teacher's name, the amount enclosed, and the date. Post the envelope in the box in the foyer.

Please note that school office staff cannot give you change or change money for you. The collection of dinner money, and the distribution of change, is Chartwells' responsibility.

All queries, regarding school meals (allergens, intolerances, special diets) or dinner money, should be directed to the Cook-in-Charge, Pam Pearson, on 0191 2724660 (7.30am-1.30pm).



# Wingrove Primary Menu

## Week 1



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	<b>Margherita Pizza</b> served with half jacket potato	<b>Chicken Paella**</b>	<b>Roast Chicken</b> served with mashed potato and gravy	<b>Beef Keema Curry</b> served with rice**	<b>Crispy Fish</b> served with chips
Alternative Dish	<b>Macaroni Cheese</b>	<b>Vegetable Curry</b> served with rice**	<b>Quorn Burger</b> served with mashed potato	<b>Quorn Dippers</b> served with savoury rice**	<b>Cheese and Onion Quiche</b> served with chips
Vegetables	<b>Baked beans</b> <b>Peas</b>	<b>Coleslaw</b> <b>Carrots</b>	<b>Green beans</b> <b>Cauliflower</b>	<b>Carrots</b> <b>Baked beans</b>	<b>Broccoli</b> <b>Peas</b>
Desserts	<b>Chocolate Crispy</b>	<b>Lemon Cake</b> served with custard	<b>Ice Cream</b>	<b>Chocolate Cake</b> served with chocolate custard	<b>Lemon Shortbread</b>
Third Choice	<b>Sandwich</b>	<b>Pasta King</b>	<b>Jacket Potato</b>	<b>Pasta King</b>	<b>Sandwich</b>

Cool Water, Milk, Bread, Fresh Fruit and Yoghurt served daily

\*\*Wholegrain

Salad bar available daily



# Wingrove Primary Menu

## Week 2



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	<b>Mozzarella and Tomato Pizza</b> served with savoury rice**	<b>Chicken Sausages</b> served with mashed potato	<b>Roast Chicken</b> served with mashed potato and gravy	<b>Chicken Noodles</b>	<b>Fish Fingers</b> served with chips
Alternative Dish	<b>Vegetable Curry</b> served with rice	<b>Vegetarian Sausages</b> served with mashed potato	<b>Cauliflower and Broccoli Cheese Bake</b> served with garlic bread	<b>Vegetarian Lasagne</b> served with garlic bread	<b>Mediterranean Tart</b> served with chips
Vegetables	<b>Broccoli</b> <b>Baked beans</b>	<b>Sweetcorn</b> <b>Swede</b>	<b>Cabbage</b> <b>Carrots</b>	<b>Green beans</b> <b>Cauliflower</b>	<b>Baked beans</b> <b>Peas</b>
Desserts	<b>Flapjack</b> served with custard	<b>St Clement's Cake*</b> served with custard	<b>Ice Cream</b>	<b>Carrot Cake</b>	<b>Chocolate and Banana Muffin*</b>
Third Choice	<b>Pasta King</b>	<b>Jacket Potato</b>	<b>Pasta King</b>	<b>Jacket Potato</b>	<b>Sandwich</b>

Cool Water, Milk, Bread, Fresh Fruit and Yoghurt served daily

\*Fruit Based \*\*Wholegrain

Salad bar available daily



