

WINGROVE PRIMARY SCHOOL
Part of the West End Schools' Trust (WEST)

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21st March 2023

Dear Parents/Carers,

During the holy month of Ramadan, may we please ask that as far as possible you limit your child's fast days to the weekends. We know that children do not need to fast before the age of 12 and are aware that fasting during a busy day at school is not ideal for growing children. There are 12 school days and 18 non-school days this Ramadan.

If you feel strongly that your child should fast, please limit their fast to one school day a week if possible and avoid P.E. and trip days. Please talk to your child about this and be sure they tell their teacher if and when they are fasting.

Wishing you all a peaceful Ramadan and a Happy Eid this April.

With thanks for your ongoing support,

Mrs Mullarkey