

## **Reflection Spaces and our Festival of Thought**

Each classroom in school has a reflection space and a thinking and talking book.

The children in Wingrove Primary School are instinctively curious about life. Growing up raises lots of questions, some to do with their personal experience and some to do with their sense of wonder at the universe and the world they live in.

Reflection spaces allow our children to explore how their experiences and ideas help them to develop their own sense of identity, self-worth, personal insight, meaning and purpose. Children can explore the bigger questions they might not usually get the opportunity to ask or think about. This encourages self-reflection and a positive sense of identity.

All the questions asked are linked to our PSHCE curriculum dealing with health and wellbeing, relationships and the wider world.

In July 2015, we hosted a giant reflection space for the whole school and called it the, 'Wingrove Festival of Thought'. During this week long event, children from early years to year 6, explored bigger life questions through a variety of hands on activities.