

# Keep your loved ones safe during the festive season

- 14 days before:** Start limiting your contact with others
- 10 days before:** Think about your guestlist and keep it as small as you can. Think carefully about inviting those who would be high-risk
- 7 days before:** Get your shopping list ready – include anti-bacterial spray and disinfectant
- 3 days before:** Wrap all your presents and wash your hands first
- 1 day before:** clean the house thoroughly – pay attention to main touch points.





## Do

- Keep your guest list small
- Socially distance throughout the day
- Allocate cups, glass plates and cutlery to everyone
- Open windows regularly
- Give people their own towels
- Wear a mask when close
- Have sanitiser on the table.

## Don't

- Share cutlery and serving spoons
- Touch things that other people have touched
- Sing loudly or shout
- Host anyone if they have symptoms, has tested positive or is waiting for the result of a test.